

What To Expect for Wide Awake Surgery in Clinic Procedure Room

Dr. Paul Nielsen

Scheduling the Procedure

- The procedure will either be performed the same day or the clinic nurse will call you to arrange the time for surgery within 1-2 days of your clinic visit
 - Some procedures require authorization with insurance prior to scheduling

Preoperative Evaluation

- You do NOT have to undergo any preoperative labs, tests, or visits to your primary care provider or other physicians to be cleared for surgery

Taking Your Medications

- You should continue to take all of your normal home medications including day of surgery
 - This includes ibuprofen, aspirin, blood thinners, diabetes medicine, etc

Day of Procedure

- Take your normal medications
- You are allowed to eat and drink before surgery
 - There is NO fasting requirement for surgery
 - If you are diabetic, we encourage you to eat to avoid low blood sugars

What to Expect at the Clinic

- You will go through the normal clinic check-in process
- Numbing medicine (lidocaine) will be injected about 20-60 minutes before the procedure
 - Dr. Nielsen or his PA injects the numbing medicine
- Most procedures last between 10-20 minutes
 - The procedure will be performed in the clinic procedure room
 - Your hand will be cleaned and covered to prevent infection
 - Ask if you want to see part of the procedure
- You will be allowed to leave shortly after the procedure
 - You are allowed to drive home as long as you have not taken any narcotics and are comfortable using your other hand to drive

At Home

- Numbing medicine usually wears off in 2-4 hours, sometimes longer
- No caregiver is required to stay with you because you had no sedation or general anesthesia
- You will be given specific instructions based on the procedure you underwent