

# NEW WEST SPORTS MEDICINE & ORTHOPAEDIC SURGERY, PC

## PATIENT INTAKE AND HISTORY FORM

(Please print)

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Race:**  American Indian or Alaskan Native  Asian  African-American  More Than One Race  
 Native Hawaiian  Other Pacific Islander  Caucasian  Refused to Report/Unreported

**Ethnicity:**  Hispanic or Latino  Non-Hispanic or Latino  Refused to Report/Unreported

**Language:**  English  Spanish  Other: \_\_\_\_\_

**Pharmacy:** \_\_\_\_\_

(Name/City/Phone #)

Do you use a mail order pharmacy? \_\_\_\_\_ If so, please be sure we have your pharmacy provider information and a copy of your prescription drug card.

**Mail Order Pharmacy:** \_\_\_\_\_

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### **REASON FOR COMING TO THE DOCTOR TODAY:**

**Reason for Today's Visit:** \_\_\_\_\_

**Timing/Onset:**

When did symptoms first occur? \_\_\_\_\_

Is this due to an accident? \_\_\_\_\_

**Duration:**

Frequency of symptoms? \_\_\_\_\_

**Characterized as/Severity:**

Describe the severity of the symptoms/pain. \_\_\_\_\_

**Associated Signs and Symptoms:**

Are there any other symptoms associated with your problem? \_\_\_\_\_

**Modifying Factors:**

What makes the condition better and/or worse? \_\_\_\_\_

**Have you been treated for this condition by any other provider? If yes, please name.** \_\_\_\_\_

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### **Diagnostic Imaging:**

Have you had previous diagnostic imaging done (i.e. MRI, x-ray, CT Scan, EMG)? If so, when and where: \_\_\_\_\_

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### **Problem List/Past Medical History:**

Have you been diagnosed with any of the following (currently or in the past)?

\_\_\_ Alcoholism

\_\_\_ Diabetes

\_\_\_ Osteoporosis

\_\_\_ Arthritis

\_\_\_ Fibromyalgia

\_\_\_ Parkinson's Disease

\_\_\_ Asthma

\_\_\_ GERD (Reflux Disease)

\_\_\_ Seizures

\_\_\_ Bleeding Disorder

\_\_\_ Gout

\_\_\_ Sleep Apnea

\_\_\_ Blood Clot

\_\_\_ Heart Disease

\_\_\_ Thyroid Disorder

\_\_\_ Cancer

\_\_\_ High Blood Pressure

\_\_\_ Wound Infection

\_\_\_ COPD

\_\_\_ High Cholesterol

\_\_\_ Depression

\_\_\_ Kidney Disease

List any other important medical condition(s) you have had (do not include common colds or flu). Include date of initial diagnosis if possible.

*Problem/Previous Diagnosis*

*Date(s) or Age*

**PAST SURGICAL HISTORY:**

I have not had any surgeries in the past.

Place an "X" next to any past surgical procedure you have had, and circle Left (L) or Right(R) if applicable:

			<u>Date(s) or Age</u>	<u>Surgeon</u>
___ Ankle Surgery	L	R	_____	_____
___ Hand Surgery	L	R	_____	_____
___ Carpal Tunnel Surgery	L	R	_____	_____
___ Arthroscopic Knee Surgery	L	R	_____	_____
___ Total Knee Replacement	L	R	_____	_____
___ Total Hip Replacement	L	R	_____	_____
___ Arthroscopic Shoulder Surgery	L	R	_____	_____
___ Total Shoulder Replacement	L	R	_____	_____
___ Spinal Fusion			_____	_____
___ Discectomy			_____	_____
___ Appendectomy			___ Hysterectomy	___ Prostatectomy
___ Hernia Repair			___ Cesarean section	___ Mastectomy L R
___ Heart Surgery			___ Cholecystectomy	

Other (Surgery(s), Date/Age, & Surgeon): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ALLERGY HISTORY:**

None

NKDA (No Known Drug Allergies)

\_\_\_ Anesthesia      \_\_\_ Iodine      \_\_\_ Penicillin      \_\_\_ Sulfa Drugs      \_\_\_ Adhesive Tape  
 \_\_\_ Contrast Dye      \_\_\_ Latex      \_\_\_ Shellfish      \_\_\_ Other: \_\_\_\_\_

**MEDICATION HISTORY:**

I am not currently taking any medications

List any medications, vitamins, minerals, and herbals that you are currently taking:

<u>Name of Medication</u>	<u>Dosage</u>	<u>Name of Medication</u>	<u>Dosage</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**FAMILY HISTORY**

Has any member of your family been diagnosed with any of the following conditions (include deceased family members)? Place an "X" under the correct family member with the condition, and indicate if the family member passed away due to that condition.

	<b>Father</b>	<b>Mother</b>	<b>Father's Parents</b>	<b>Mother's Parents</b>	<b>Siblings</b>	<b>Children</b>
Bleeding Disorder	_____	_____	_____	_____	_____	_____
Cancer	_____	_____	_____	_____	_____	_____
Diabetes Mellitus	_____	_____	_____	_____	_____	_____
Heart Disease	_____	_____	_____	_____	_____	_____
High Blood Pressure	_____	_____	_____	_____	_____	_____
HIV Infection	_____	_____	_____	_____	_____	_____
Kidney Disease	_____	_____	_____	_____	_____	_____
Osteoporosis	_____	_____	_____	_____	_____	_____
Stroke	_____	_____	_____	_____	_____	_____
Thyroid Disease	_____	_____	_____	_____	_____	_____

List any other important family medical condition(s) you are aware of (do not include common colds or flu). Include date of initial diagnosis if possible:

*Family Member*

*Medical Condition / Date of Initial Diagnosis*

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Have you or anyone in your family(mother, father, sister, brother) ever had a reaction to anesthetic, general or local, causing high fever(malignant hyperthermia), blood pressure problems, hepatitis or any other type of allergic reaction?

Yes \_\_\_ No \_\_\_ If yes, please explain: \_\_\_\_\_

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**SOCIAL HISTORY:**

What is your current occupation? \_\_\_\_\_

**Please describe your current tobacco use:**  Never a smoker  Former Smoker  Current every day smoker  
 Current some a day smoker  Current status unknown  Unknown if ever smoked

**Do you drink alcoholic beverages?**  Yes  No

If yes, please indicate what type of beverage and how many servings per day: \_\_\_\_\_

**Have you ever used any illicit drugs?**  Yes  No

If yes, please indicate what type of drug and how often: \_\_\_\_\_

**Please describe your highest education level attained?**

Less than high school  High school graduate  Some college  College graduate  Postgraduate  
 Unknown

**Please describe your current exercise routine:**  Inactive  Light  Moderate  Vigorous

If you do have a current exercise routine, how many times per week: \_\_\_\_\_

**Please describe your hobbies and interests?** \_\_\_\_\_

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## **REVIEW OF SYSTEMS:**

Please place a check mark in the box next to any of the following symptoms or problems if you have experienced them recently or have concerns about them. If you don't understand something place a question mark "?" by it. Your doctor will discuss any positive responses with you.

### **General:**

- Fever
- Chills
- Night Sweats

### **Cardiovascular:**

- Chest Pain
- Shortness of Breath
- Palpitations

### **Musculoskeletal:**

- Muscle Weakness
- Muscle Atrophy
- Joint Swelling
- Joint Stiffness
- Joint Pain

### **Skin:**

- Rash
- New Lesions

### **Gastrointestinal:**

- Nausea
- Vomiting
- Diarrhea
- Constipation

### **Neurological:**

- Tingling
- Numbness
- Seizures
- Stroke

### **HEENT:**

- Headache
- Blurred Vision
- Double Vision
- Hearing Loss

### **Genitourinary:**

- Painful Urination
- Blood in Urine
- Incontinence

### **Psychiatric:**

- Depression
- Anxiety
- Easily Irritated

### **Neck:**

- Neck Mass
- Swollen Glands

### **Endocrine/Glands:**

- Thyroid Problems

### **Respiratory:**

- Cough
- Wheezing
- Difficulty Breathing

### **Hematology:**

- Anemia
- Blood Clots
- Easy Bruising
- Easy Bleeding