

CURRICULUM VITAE

PAUL J. NIELSEN, M.D.

New West Sports Medicine & Orthopaedic Surgery
2810 West 35th Street
Kearney, NE 68845

EDUCATION:

Medical: University of Missouri School of Medicine; Columbia, MO, 2007 - 2011
Medical Degree

Undergraduate: University of Missouri; Columbia, MO, 2005 - 2007
Bachelor of Science in Biochemistry
Summa Cum Laude with Honors

POSTGRADUATE TRAINING:

Fellowship: Indiana Hand to Shoulder Center; Indianapolis, IN, 2016 - 2017
Hand and Upper Extremity Fellowship

Residency: University of Nebraska - Creighton University Health Foundation; Omaha, NE,
2011 - 2016
Orthopedic Surgery Residency

ORTHOPAEDIC SURGERY PRACTICE EXPERIENCE:

New West Sports Medicine & Orthopaedic Surgery; Kearney, NE, 2017 - Present
- Orthopedic hand and upper extremity surgeon

ACADEMIC PRESENTATIONS, PAPERS, AND PUBLICATIONS

Clinical Outcomes of Prepping External Fixators in Situ for Second Stage Pilon Fracture Fixation, Drs.
Lori Reed and Matthew Mormino

Conn, V., Hafdahl, A., Moore, S., **Nielsen, P.**, & Brown, L. (2009). Meta-analysis of interventions to increase physical activity among adults with cardiovascular disease. *International Journal of Cardiology*, 133, 307-320.

Conn, V., Hafdahl, A., Minor, M., & **Nielsen, P.** (2008). Physical activity interventions among adults with arthritis: Meta-analysis of outcomes. *Seminars in Arthritis and Rheumatology*, 37, 307-316.

Conn, V., Hafdahl, A., Mehr, D., LeMaster, J., Brown, S., & **Nielsen, P.** (2007). Meta-analysis of metabolic effects of interventions to increase exercise among adults with type 2 diabetes. *Diabetologia*, 50(5):913-21.

Conn, V., Hafdahl, A., Porock, D., McDaniel, R., & **Nielsen, P.** (2006). A meta-analysis of exercise interventions among people treated for cancer. *Supportive Care in Cancer*, 14, 699-712.

Nielsen, P., Hafdahl, A., Conn, V., LeMaster, J., & Brown, S. (2006). Meta-analysis of the effect of exercise interventions on fitness outcomes among adults with type 1 and type 2 diabetes. *Diabetes Research and Clinical Practice*, 74, 111-120.

Nielsen, P., Hu, C., Lee, J., & Sun, G. “Differential effects of grape seed extract on inflammatory responses in microglial cells.” Poster presentation at Society for Neuroscience National Meeting, October 2006.

Nielsen, P., Hu, C., Lee, J., & Sun, G. “Differential effects of grape seed extract on inflammatory responses in microglial cells.” First place poster presentation at University of Missouri Health Sciences Research Day, November 2006.

CERTIFICATIONS:

Nebraska Medical License
Board-Certified in Orthopaedic Surgery (ABOS)

COURSES:

American Academy of Orthopaedic Surgeons Annual Meeting; Las Vegas, NV, 2015
Resident Basic Trauma Course, Orthopedic Trauma Association; Scottsdale, AZ, 2013
Resident Arthroscopy Course, Arthroscopy Association of North America; Chicago, IL, 2013

PROFESSIONAL EXPERIENCE:

Team Physician, Plattsmouth High School Football, Fall 2013
Team Physician, Omaha Northwest High School Football, Fall 2012
Sports Medicine Curriculum Creator and Coordinator, UNMC Orthopedic Residency, 2014 - 2016
Journal Club Coordinator, UNMC Orthopedic Residency, 2014 - 2016

PROFESSIONAL SOCIETY MEMBERSHIPS:

American Academy of Orthopaedic Surgeons
American Society for Surgery of the Hand

VOLUNTEER EXPERIENCES:

Medical mission trip to Guatemala, 3/2011
Habitat for Humanity; Columbia, MO, 2005 - 2011
Student Ambassador; University of Missouri School of Medicine, 2007 - 2011
Senior Teacher Education Partnership (Medical student partnership with senior citizen from the community); University of Missouri School of Medicine, 2007 - 2008
MedZou Student-Run Clinic; University of Missouri, 2008 - 2011

REFERENCES:

Available upon request